

Trudy Ludwig Book List recommended reading for children: ages 8 - 12

Checked
books are in
Library.

- ✓ Blume, Judy. **Blubber**. New York: Yearling, 1974. A realistic story about bullying that takes place among fifth grade girls.
- ✓ Codell, Esmé Raji. **Vive La Paris**. New York: Hyperion Paperbacks for Children, 2007. Fifth grader Paris McCray's older brother is being bullied by a younger girl. In her eager efforts to right some wrongs, Paris learns a powerful lesson about the dangers of ignorance.
- ✓ Estes, Eleanor. **The Hundred Dresses**. New York: Scholastic, 1973. A short chapter book about a group of girls who pick on someone who is a little different. Told from the perspective of the bully's best friend who gives into peer pressure and joins the crowd.

Found under author.

DePino, Catherine. **Blue Cheese Breath and Stinky Feet**. Washington D.C.: Magination Press, 2004. Steve is picked on by a bully and is afraid things will get worse if he tells someone about it. His parents come up with a plan to help their son.

Not there but Real Life Bully Prevention For Real Kids is there.

- ✓ Gervay, Susanne. **I am Jack**. Berkeley: Tricycle Press, 2009. Jack, an eleven-year-old boy, is being bullied at school. Caring bystanders and grown-ups come to his rescue.

Humphrey, Sandra McLeod. **Hot Issues, Cool Choices: Facing Bullies, Peer Pressure, Popularity, and Put-downs**. New York: Prometheus Books, 2007. This powerful collection of short stories offers a great opportunity for generating ethical and moral discussions with tweens and teens. Preview stories to make sure they are appropriate for your particular reader(s).

- ✓ Kaufman, Gershen, Ph.D., et al. **Stick Up for Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem**. Minnesota: Free Spirit Publishing, 1999. This self-help book for kids includes a section on "How to deal with bullies." Provides the child with information, descriptions and interventions. Good book for middle-schoolers.
- ✓ Lombard, Jenny. **Drita My Homegirl**. New York: Puffin Books, 2006. Drita escapes war-torn Kosovo and ends up attending a New York public school. Maxie, an African-American student there, doesn't want to have anything to do with her until they're paired up for a school project. A great story about how friendship can bloom and overcome two very different cultures.

Ludwig, Trudy. **Confessions of a Former Bully**. California: Tricycle Press, 2010. Told from the unusual point of view of the bullying child, this story provides kids with real life tools they can use to identify and stop relational aggression.

- ✓ Ludwig, Trudy. **Just Kidding**. California: Tricycle Press, 2006. A joke that has a sharp edge to it can cut you to pieces. That's what D.J. finds out from his encounters with Vince, a smart-aleck classmate whose biting humor does more harm than good. This book captures the truth of harmful teasing and what can be done about it.

Ludwig, Trudy. **My Secret Bully**. California: Tricycle Press, 2005. Monica is emotionally bullied by her friend Katie and learns how to cope and thrive with the help of her mother. The book also includes helpful tips, discussion questions and additional resources for parents, teachers and counseling professionals.

Ludwig, Trudy. **Sorry!** California: Tricycle Press, 2006. Jack's friend Charlie knows how to get away with just about everything by saying "sorry." But does an apology count if you don't really mean it? And what happens when the person you've hurt knows you didn't mean it? This is a great tool for modeling personal accountability and responsibility.

- ✓ Ludwig, Trudy. **Too Perfect**. California: Tricycle Press, 2009. Maisie thinks Kayla is perfect. She's pretty and thin, has cool clothes, and gets good grades. But is Kayla happy? The more Maisie gets to know Kayla, the more she begins to question whether being perfect is really so wonderful. A great resource to help kids understand that being happy doesn't come from being perfect; it comes from trusting and accepting who you are—mistakes and all.

Ludwig, Trudy. **Trouble Talk**. California: Tricycle Press, 2008. Maya's friend, Bailey, has a really big mouth. She gossips, spreads rumors, gives hurtful advice, and shares information that isn't hers to share. With the help of the school counselor, Maya learns how to set boundaries and Bailey learns how to curb her "trouble talk."

- ✓ Madonna. **The English Roses**. New York: Callaway, 2003. An exclusive girls' club, The English Roses, learn a lesson about judging their peers before really getting to know them.
- ✓ Madonna. **Mr. Peabody's Apples**. New York: Callaway, 2003. A young boy learns the power of words after spreading a rumor about his teacher and baseball coach Mr. Peabody.
- ✓ Millman, Dan. **Secret of the Peaceful Warrior: A Story About Courage and Love**. California: H.J. Kramer Inc., 1991. An old man named Socrates shows Danny that the best way of dealing with a bully is the way of the Peaceful Warrior, through courage and love.

Library has 2009 book.

Found under author.

New Moon Books Girls Editorial Board. **Friendship: How to Make, Keep, and Grow Your Friendships**. New York: Crown Publishers, 1999. Discusses friendships and how they affect our lives. Includes practical advice, activities, and suggestions for meeting people.

- ✓ Olson, Gretchen. **Call Me Hope**. New York: Little, Brown and Company, 2007. Eleven-year-old Hope is verbally abused by her mother. Rather than run away, Hope finds ways to protect herself and gets support from some caring adults.
- ✓ Polacco, Patricia. **Mr. Lincoln's Way**. New York: Philomel, 2001. Mr. Lincoln, the school principal, compassionately works with a student to help him "unlearn" his bullying behavior. This beautiful story shows the importance of adult intervention to help children deal with bullying.
- ✓ Polacco, Patricia. **Thank you, Mr. Falker**. New York: Philomel, 2001. Fifth grader Tricia is teased and taunted by her peers because of her reading problems. Her self-esteem continues to plummet until a wonderful teacher, Mr. Falker, intervenes, putting a stop to the bullying behavior and helping Tricia to read.
- ✓ Romain, Trevor. **Bullies Are a Pain in the Brain**. Minnesota: Free Spirit Publishing, 1997. A Reader-friendly book written for

children about bullies, the myths surrounding bullying issues and interventions. Includes resources for students, teachers and parents.

- ✓ Romain, Trevor. ***Cliques, Phonies, & Other Baloney.*** Minnesota: Free Spirit Publishing 1998. Discusses cliques--what they are and their negative aspects--and gives advice on forming healthier relationships and friendships.
 - ✓ Spinelli, Jerry. ***Crash.*** New York: Alfred A. Knopf, 1996. Seventh grader "Crash" Coogan is comfortable with his cocky super-jock and bully nature until his grandfather's stroke and an unusual Quaker boy make him reconsider the meaning of friendship and the importance of family.
 - ✓ Spinelli, Jerry. ***Loser.*** New York: Joanna Cotler Books, 2002. Even though his classmates consider him strange and a loser, Daniel Zinkoff's optimism and exuberance and the support of his loving family do not allow him to feel that way about himself.
 - ✓ Spinelli, Jerry. ***Maniac Magee.*** New York: Little, Brown & Co., 1990. Twelve-year-old Jeffrey comes to a small town, confronts racism, overcomes bullying and promotes harmony between rival factions.
 - ✓ Spinelli, Jerry. ***Wringer.*** New York: HarperCollins, 1997 Young Palmer must either accept the violence of being a wringer at his town's annual Pigeon Day or find the courage to oppose it. Recommended for upper elementary and middle school students. Preview first, as this book is not for squeamish readers.
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