



Students What Can You Do?

- 1. Write online or text only what you would say to someone face to face.**
- 2. Remember that MySpace and Facebook can be seen by everyone-even your grandmother!**
- 3. Think B4U Click. What is on the internet stays on the internet?**
- 4. Keep personal information private. Don't give others ammunition to be used against you.**
- 5. Ignore a mean or threatening message. Save it and show it to an adult.**
- 6. Don't join in when others are bullying or being mean.**

**Created by AAUW Napa
Branch [http://napacounty-
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Parents What Can You Do?

- 1. Protect, don't control. Keep talking. Don't blame or punish if your child is bullied.**
- 2. Keep computer in main area of your house.**
- 3. Be sure that screen names and profiles do not reveal personal information.**
- 4. Set rules regarding permissible and forbidden websites.**
- 5. Join your child when they chat or visit websites.**
- 6. Learn about or meet their online friends.**
- 7. Have access to their accounts and passwords.**
- 8. Install software to limit access to undesirable websites.**
- 9. Watch out for signs of online bullying. Contact your child's school, local police or your Internet Service Provider, if necessary.**

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